

# The Rediscovery of “The-HEART” Institute



**Rest For Our Soul Series**  
**School of Jubilee**

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## **FOOD-FOR-LIONS**

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## ANCIENT-HEBREW WISDOM

Releasing The-LION and Rediscovering The-HEART and recovering The Lost-Language of our Birth can never be accomplished if we use familiar words defined with the same Western Definitions that caused us to Lose the MEANING in the First Place. We must start over!

*Ancient-Hebrew Wisdom-WORDS*

"The Wise-HEART is to The-RIGHT,

The Fool's-HEART is to The-LEFT."



*Ancient-Hebrew Wisdom-IMAGE*

The-OX on The-LEFT/ The-LION on The-Right



The preeminent emblem for rule, leadership, and the monarchy in Ancient-Hebrew is The-Majestic-LION. However, since Ancient-Hebrew is written from the view of a culture focused on Sowing, Cultivating and Harvesting Crops, The-OX is the primary symbol for the vital role of work, service and productivity. Both roles are essential for Peak-Performance.



The-LION is the symbol of the Spirit/HEART Inner-Man, the source of ALL creativity, leadership and dominion.

The-LION is King, wild, and disruptive of the status quo. It is his nature to look at the world from a different point of view than The-OX.

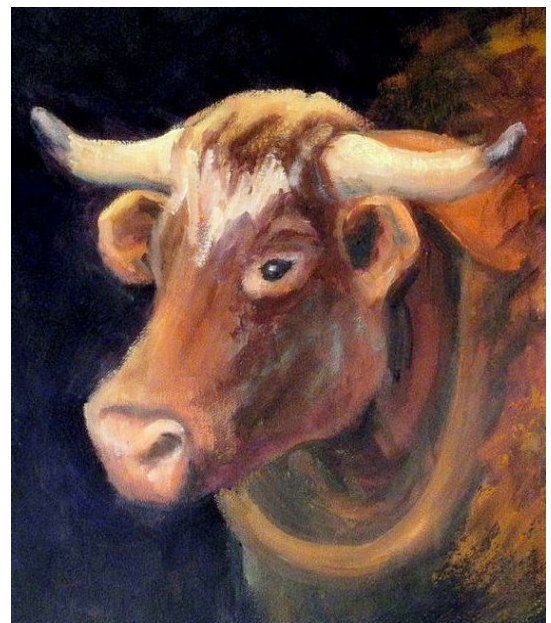
Which means if there is to be "Peace in the Kingdom" and Peak-Performance . . .

**The-OX must submit to The-LION .**

The-OX is the symbol of the Soul/Body outer man; first among domesticated laborers. He is strong, consistent and methodical.

The-OX is the one who executes the plan; "a rich harvest comes from the strength of The-OX." He's a doer not a creative thinker.

Which means Until The-OX engages . . .  
**The-LION's Vision is unfulfilled.**



## 19. THE-OX DOES NOT KNOW THERE ARE TWO LIVES

### The-HEART Is The Spirit's "Body"

Inner Life / Outer Life

**Spirit** ← **HEART**

**Soul** ← **Body**

**Spirit / Soul = Life**

**HEART / Body = Organ**

**The-HEART is The-ORGAN of The-SPIRIT**

The goal of "**The Rediscovery of The-HEART**" requires that we express the key Hebrew words literally as the only way to get their true **MEANING**. An entire book could be written on the fractal revelation recorded in the Hebrew script regarding the creation of ADM (man). Everything we need to know is found here if we are open to SEE it. However, our present purpose is well served if we understand that **The-Father-Mentor** blew into the nostrils of **an IMAGE** formed of red-dust the breath of **LIVES**, and Man became a living creature.

The Hebrew is Plural . . . not singular! *Adam was created with **LIVES\*** not life.* ADM was created as **Enlightened Dust** and Animated Dust. **Enlightened**

by **The-Light** shining from his **Superior-Inner-Spirit-Life** and animated by **The-Blood** flowing from his **Inferior-Outer-Soul-Life**.

*This insight is essential if we are to understand What **The-HEART** is, Where it is, What language it speaks and How to get there. **LIFE** is not singular, **LIFE is plural**; **LIFE** is relational.*

The failure to respect the plural **Chayim** embraces blindness and elevates the Soul-servant-OX to a false position of perceived leadership. The Mentor/Author of Ancient-Hebrew has the best vocabulary in the Universe. **The Mentor meant Spirit** when He said **Spirit**, **HEART** when He said **HEART**, the Mentor meant Soul when He said Soul and Body when He said Body. **They interact in a prescribed-designed way, but are not synonyms.**

**"חיים" Chayim LIVES . . .**  
**Hebrew Plural**

*"(The Lord) breathed into his nostrils  
**The Breath of LIVES**  
 and Man became a living Soul."  
 Gen. 2:7*

**An Interior Life . . . An Exterior Life**  
**Spirit Life and Soul Life**



The Hebrew word **Spirit** means life, wind or breath; as an **Eternal-Spirit-Person**. The Hebrew word **Soul** means life, wind or breath; as in a living **time-space-creature** with potential for major transformation.

**The medium of the Spirit is Light. The medium of the Soul is Blood.** The Soul lives in the Body. The Body through its five senses is the House/Organ through which the Soul connects with the exterior world, the physical universe. The Body is not life! It houses life, until it returns to life-less-dust when the Spirit and the Soul leaves the house.

Now the big deal! **The-HEART** through its **IMAGES** of The Five Senses is the **HOUSE/ORGAN** through which the **Spirit** connects in the **NOW** to both the **Spiritual realm** and the **Physical realm**. **The-HEART** is not life! It's the House/Organ where the **Spirit** lives and through which it expresses itself and relates to the world. **The-HEART** duplicates the senses and stores each sensory experience in its massive data-base.

Even more astonishing, **The-HEART** not only records and duplicates the senses, it **"Seals"** how the **Spirit FEELS** about EVERY significant experience in order to **interpret how we will FEEL** and what we **WILL** do when faced with similar external input in the future.

*This is the source of the problems and the potentials of our lives.*

Energy flows into our **SPIRIT** through **The-HEART** into the **SOUL** and through the **BODY** into the world. How that NEW energy is going to be expressed will be determined by the way it is **Formed, Shaped and IMAGED in The-HEART**. Sadly, that LOVING energy can be contaminated, misapplied and released from **The-HEART** for very destructive purposes.



**EVERYTHING** is based on What **The-HEART Sees, Believes**  
**and Feels** ABOUT What the Soul and the Body are sensing  
 from external signals.



**\*L'Chayim . . . "To Life,"** is the famous Jewish toast. I have found no English translations that acknowledge that **Chayim** is Plural! The "im-ending" on a Hebrew noun is the same as the "s-ending" on the English noun. Hebrew translators make the same mistake when translating into other languages. **As we are about to discover Life and LIVES have dramatically different MEANINGS.**




Application 1 - **The-LIVES** of Life:

The **personal experience of The-HEART's Interior** control begins by seeing how many times you can recognize something that happened today that reminded you of something that happened in the Soul/Body's past. (It's not past to **The-HEART**.)


## 20. THE-OUTER-MAN (SOUL/BODY)

**Soul-SYMPTOMS *Erroneously*  
Viewed **As SOURCES****


Surface Thoughts




Behavior Modification




Conscious Beliefs



Emotions



Will Power



**90% Failure Rate**

Wow, 100 Million Sensory Receptors in our outer-Man, our Soul and Body. These highly efficient messengers bring us *the current data* from the external environment! The beauty of a sunset, the smell of fragrant roses, the sound of music, the taste of your favorite food or the embrace of someone you love, the essences of life.

Amazingly these 100 million marvels serve double duty as our first line of defense in the face of danger. These "outer" receptors have an important role to play in the experience we call life. However, they will only allow us to enjoy *Life to its fullest* when we begin to discover that *they function at the mercy of The-IMAGE-Maker*.

**The-IMAGE-Maker** has the major role as the **Screen** by which **Our-HEARTS** interpret what the incoming data **MEANS**. For example, a beautiful ocean sunset only creates pain if "the-first-love" of our life broke **Our-HEART** while the sun was setting at the beach.

The stunning truth is *this same data* can trigger joy or fight/flight/or freeze reactions throughout our entire being. Simply put right or wrong, true or false, *only The-HEART gets a vote in what this data MEANS to you.*

## Our Soul Senses and Transfers the DATA

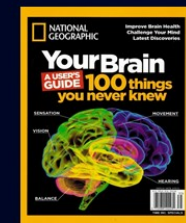
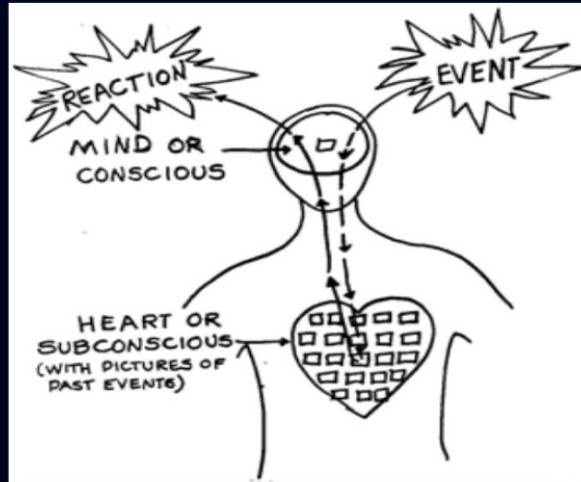
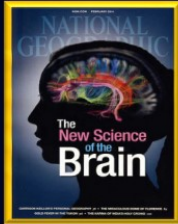
**Our Past-HEART-Experiences Decides  
How It Makes Us FEEL**

**Your Outer-man (Soul/Body)**  
Has 100 Million Sensory Receptors



**The FIVE Senses/Relates to External World**

## IMAGES: The Language of The-HEART



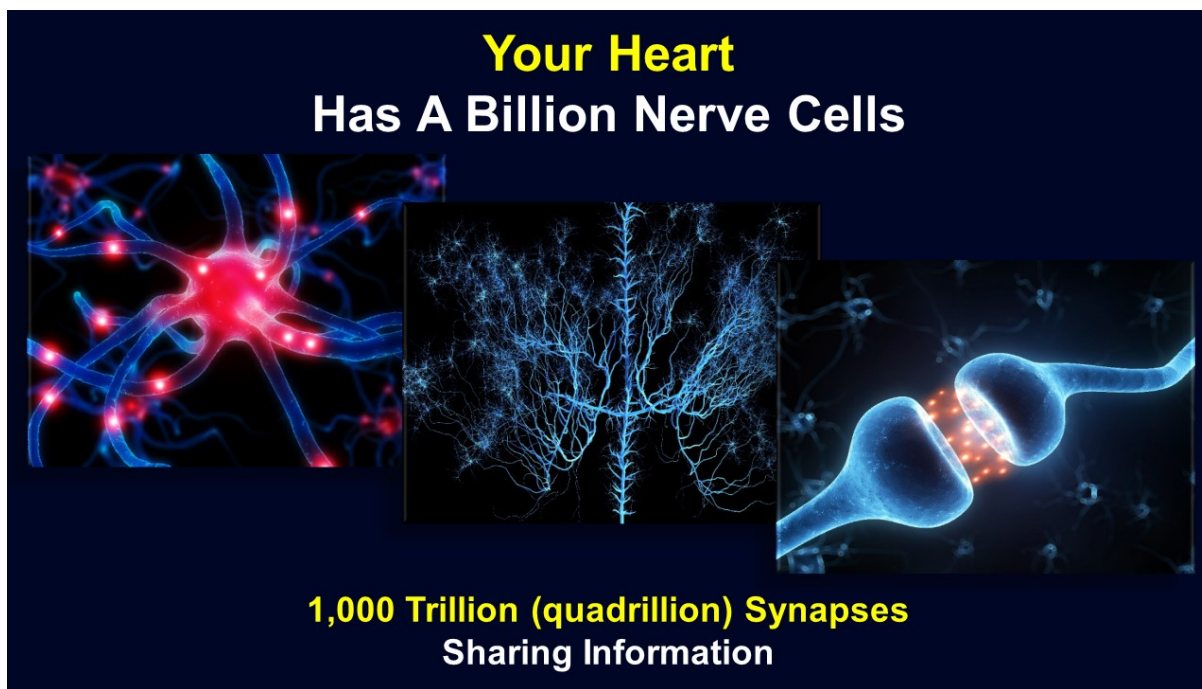
Known or Unknown **IMAGES CONTROL**  
**Everything We do !**

### Application 2 - The-Outer-Man:

*It should be apparent by now that in order to begin to Live consciously from **The-HEART** we have to become aware of WHAT outside triggers activate stressful fight/flight/freeze reactions in **Our-HEARTS**. The problem is not the trigger. The objective is to become aware of the negative video replays being re-experienced in **Our-HEARTS** that the triggers have activated. **Triggers are simply pointers**. Again, a good surface question to ask is "what did that remind me of?"*



## 22. THE-HOME OF THE-HEART



The 100 Million Sensory Receptors in the SOUL-Body Outer-Man is impressive, or seems impressive UNTIL we realize that *Our-HEART-Lives in a Quadrillion Places and NO Place at ALL*. At the *SPIRIT-HEART-Interface*, The-HEART touches A Realm that contains Infinite places but is in essence a **PERSON**. How's this for openers?

The **receivers and store rooms** of **Our-HEART** have a Quadrillion Synapses each capable of sharing information with the whole system. The entire system expands to the Trillions-of-Cells in our bodies which are receiving information, believing and acting on the basis of the interpretation flowing from **The-HEART**. The discovery of Holograms reveals that like Fractals, Each Part contains the **WHOLE**.

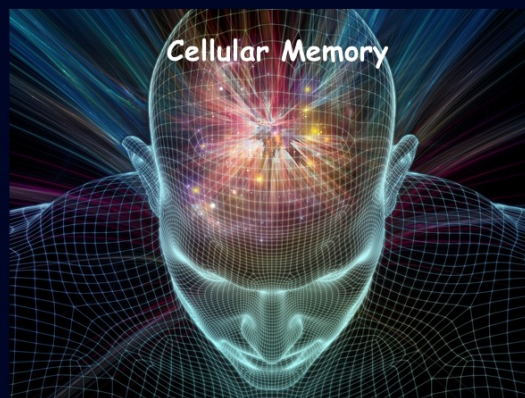
## Where IS The Heart?



**In The “Whole”** As In Hologram

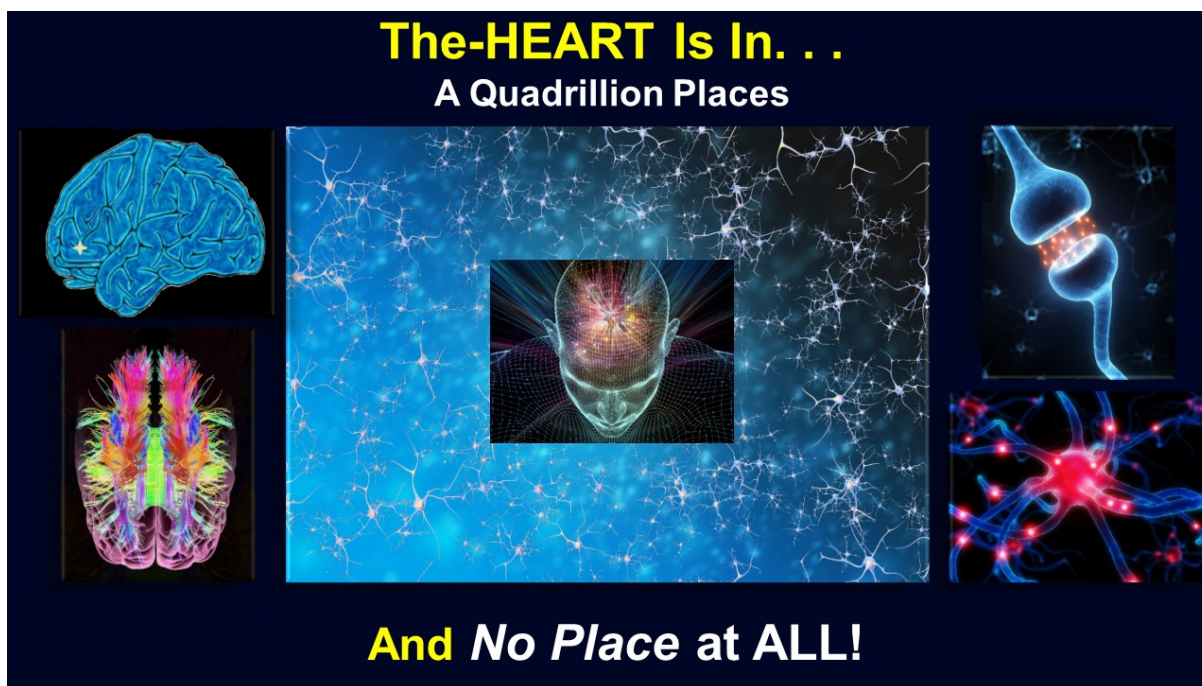
When faced with this data **The-OX on the Left** says “I don’t get it or I can’t comprehend that.” **The-LION on the Right**, on the other hand, if let out of the cage, bows in humble adoration.

## Where IS The HEART?



**In The Membrane of Trillions  
Of Cells Throughout The Body**

So, what is the purpose of all this storage capacity? First and foremost we need an infinite capacity if we are going to receive from an Infinite Source. Second, Spiritual Beings, Living from their **HEARTS**, require much more capacity than Creatures living only to gratify their Souls. And finally, every significant experience since conception that has come through our outer Sensory Receptors are permanently stored in the Hear, See, Smell, Taste and Feel Receptors in **Our-HEARTS**. They have to be stored there, always awake and readily available or we would never be able to interpret what the incoming signals MEAN and what we are going to do about it.

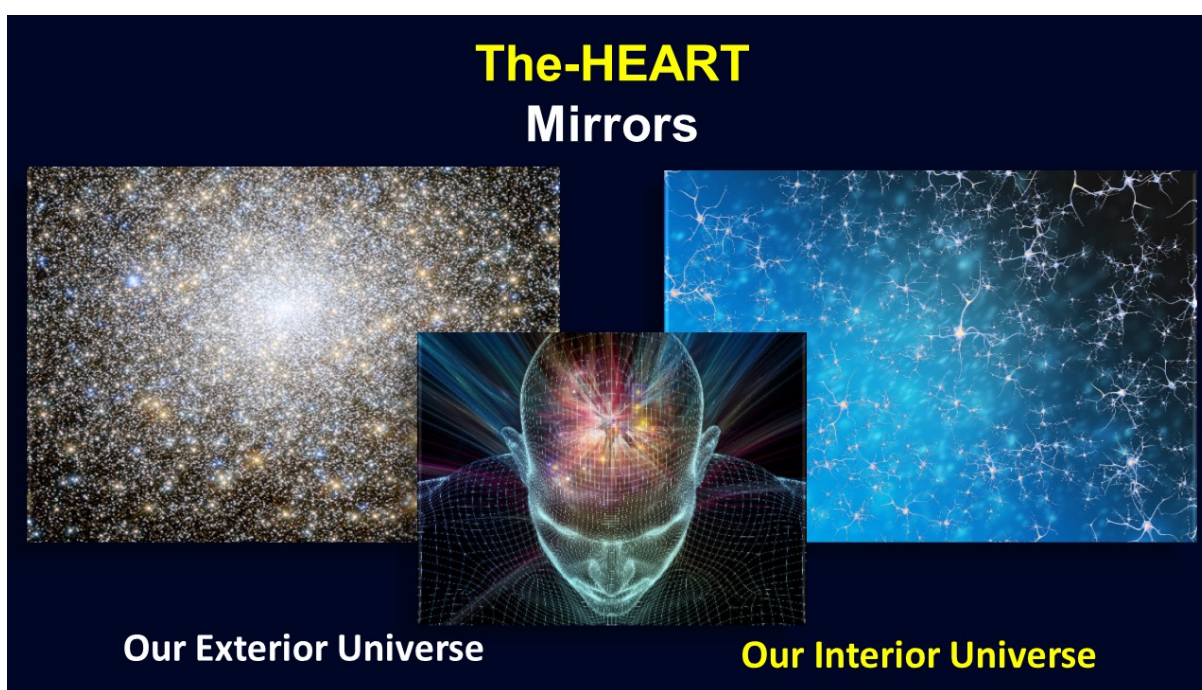


Said another way the Soul/Body has five senses that collect current data. **The Ancient-Hebrew-HEART** has countless video-discs



preserving the five Soul/Body signals that accompany EACH individual experience.


Just do the math, we have **five times X to the nth more Sensory INTERPRETERS** than Sensory Receptors to determine what the FIVE current signals MEAN. Hubble's Pictures of Billions of Stars Mirror-The-Neurons in **OUR-HEART**.



We Have **INFINITELY** More Capacity  
to **LIVE from The-HEART** than we do from the SOUL!  
It's Time We Begin To **LEARN-HOW**



**100 Million Sensory Receptors, 100 Billion Nerve Cells**  
**1,000 Trillion (quadrillion) Synapses**



**We are a BILLION Times better equipped to experience**  
**The World Inside than we are The World Outside**

## Ancient-Hebrew and Nature



Reveal **Our Lost-Treasure**

### Application 3 - The-Home of The-HEART:

If we personalize **The-IMAGES** found everywhere in Nature, we can place the outer data on **the screen of Our-IMAGE-Maker** with the assurance that these **IMAGES** of ourselves are designed to lead us **HOME!**

